**Figure 1** Forest plot with individual and summary estimates of the risk ratio (RR) and 95% confidence interval (CI) of mortality, readmission,
cerebrovascular accident in this main analysis.

(A) All-cause mortality. (B) HF readmission. (C) Composite of all-cause mortality and HF readmission. (D) Cerebrovascular accident.

CI, confidence interval.

Figure 2 Forest plot with individual and summary estimates of the mean difference (MD) and 95% confidence interval (CI) of morphologic changes.
(A) Change in LVEF. (B) Change in left atrial internal diameter. (C) Change in LVESV. (D) Change in LVEDV.

SD, standard deviation.

**Figure 3** Forest plot with individual and summary estimates of the mean difference (MD) and 95% confidence interval (CI) of functional capacity and quality of life.

(A) Change in peak VO$_2$. (B) Change in 6-min walk test distance. (C) Change in MLWHF scores.

SD, standard deviation.
**Figure 4** Forest plot with individual and summary estimates of the mean difference (MD) and 95% confidence interval (CI) of symptom and biomarker.

(A) NYHA scores. (B) BNP.

SD, standard deviation.