

C-001 : Authentic Gastronomy Experience The River Kwai. Kanchanaburi / 2Days 1Night

Highlights: Nature & culture trip focusing on gastronomy in the River Kwai region. The programme emphasizes on the first-hand experience with locals of diverse knowledge & expertise. Most places mentioned in the programme are not known to conventional tourists, so this programme is idealistic for those who are looking for a peaceful leisure holidays with authentic local flavors uniquely provided in non-touristic locations.

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Day 1: Thai home cooking & lunch –Baan Tham Temple –Street food experience

0600hrs. Depart from Bangkok

0900hrs. Arrive in Kanchanaburi, proceed to the peaceful countryside of Kanchanaburi in Tha Muang district.

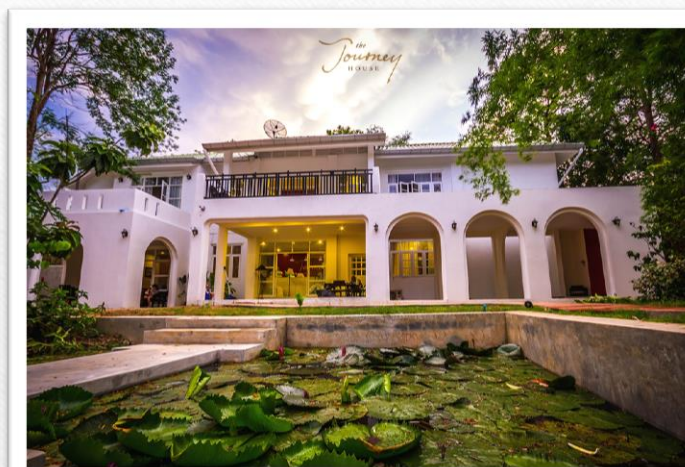
0930hrs. Greeted by local family famous for its traditional Thai sweets among the locals. Relax in the warm atmosphere of traditional Thai house and its adorable garden, then make yourself ready for an enjoyable Thai cooking lesson with the family members. Throughout the lesson, participants will learn how to make a few authentic Thai dishes and aged-old Thai sweets. The cooking techniques have been passed on from generation to generation for a hundred of years within this family.

1200hrs. Enjoy Thai lunch (what you have cooked!) in the nice environment of Thai home.

1400hrs. Say good bye to the host and proceed to Wat Baan Tham Temple a top the hill overlooking the River Kwai. (about 15 min. drive). Upon arrival, start a walk uphill to the top where a spectacular statue of Naga is dominant and outstanding. The view from above is beautiful, featuring the River Kwai winding through local settlements, rice farms and fruit orchards.

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- 1600hrs. Depart for the Journey House Lifestyle Boutique Hotel (about 20 min. drive). Upon arrival, check-in and enjoy at leisure.
- 1800hrs. Get ready for another exciting gastronomy experience authentically with locals! Enjoy a short ride to the street food market in town (about 15 min. drive). Have fun strolling through the whole place with a hundred of food stalls offering a variety of foods. Be brave to have a go and taste of something new!
- 2000hrs. Return to the accommodation.
Overnight stay (The Journey House Lifestyle Boutique Hotel).



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Day 2: Noodle family visit – fresh market – Thai cooking –The River Kwai Bridge

0800hrs. Breakfast at the hotel. 0900 After breakfast, depart to visit a Thai family producing local noodles (known as Khnom Jeen in Thai) in Kanchanaburi town (about 15 min.drive).

0915hrs. Upon arrival, greeted by the local host and enjoy a short tour to learn every step of a home - based noodle production. Enjoy a taste of Khnom Jeen with curry! 0945 Saying good bye to the local host, then depart for a local market nearby.

Enjoy exploring the lively and colourful atmosphere of a traditional Thai market. Learn what the market has to offer and help pick some ingredients for Thai cooking afterwards.

1030hrs. Return to the accommodation to learn how to cook Thai food with locals.

The cooking lesson will be held indoor surrounded by beautiful garden of the hotel.

1200hrs. Enjoy authentic Thai lunch in the beautiful setting.

1500hrs. Depart for the River Kwai Bridge nearby (about 5 min.drive).

1600hrs. Travel back to Bangkok (about 3 hours drive)